

Shropshire Libraries' Neurodiversity Collection Booklist

Neurodiversity Collection for Families

Titles aimed at children and their families or carers

Neurodiversity Collection

Titles aimed at adults and young people

Books Beyond Words

A collection of wordless picture books for people with learning disabilities

A Sensory Bag

Available for use in each library with noise-cancelling headphones and a variety of fidget toys
Ask at your local library

Collections held at

Oswestry, Shrewsbury, Library at the Lantern, Bridgnorth, Ludlow, Church Stretton, Wem Libraries

All titles available to request from other libraries

Search our online catalogue

<https://shropshire.gov.uk/libraries>

Neurodiversity collection for families

Picture Books featuring neurodivergent characters

A friend for Henry - Jenn Bailey
Gina Kaminski saves the wolf - Craig Barr-Green
Pablo and the noisy party - Andrew Brenner
Remarkable Remy - Melanie Heyworth
Leo and the octopus - Isabelle Marinov
Amazing me, amazing you - Christine McGuinness
Dexter, the school dog - Lucy Plunkett
Talking is not my thing! - Rose Robbins
Through the eyes of me - Jon Roberts
Through the eyes of us - Jon Roberts

Stories for Children featuring neurodivergent characters

The space we're in - Katya Balen
Finding my voice - Aoife Dooley
Frankie's world - Aoife Dooley
Paws - Kate Foster
The extraordinary adventures of Alice Tonks - Emily Kenny
Eating chips with Monkey - Mark Lowery
Boy underground - Isabelle Marinov
Keedie - Elle McNicoll
A kind of spark - Elle McNicoll
Show us who you are - Elle McNicoll
Reggie Houser has the power - Helen Rutter
All the pieces of me - Libby Scott
Can you see me? - Libby Scott
Do you know me? - Libby Scott
Ways to be me - Libby Scott

Real-life Experiences: neurodiverse experiences from the perspective of a child

A different sort of normal - Abigail Balfe
The secret life of Rose - Jodie Clarke

Guide to Conditions: junior non-fiction titles explaining neurodivergent conditions to children

Wonderfully wired brains - Louise Gooding
Can I tell you about dyscalculia? - Judy Hornigold
Understanding autism - Vicky Martin
I see things differently - Pat Thomas
Can I tell you about autism? - Jude Welton

Neurodiversity collection for families cont.

Famous Faces

Different like me - Jennifer Elder

Navigating the World: practical guides for young readers

Autism, bullying and me - Emily Lovegrove

Growing up autistic and happy - Camilla Pang

Support Guides: adult titles aimed at parents and carers

Autism in childhood: for parents and carers of the newly diagnosed - Luke Beardon

Supporting spectacular girls: a practical guide to developing autistic girls' wellbeing and self-esteem - Helen Clarke

A parent's guide to autism diagnosis: what to expect and how to support your child - Adele Devine

Autism in childhood: for parents and carers of the newly diagnosed - Jessie Hewitson

Your child is not broken: parent your neurodivergent child without losing your marbles - Heidi Mavir

All about me: a step-by-step guide to telling children and young people on the autism spectrum about their diagnosis - Andrew Miller

Books Beyond Words

A collection of 21 wordless picture books for people with learning difficulties. Designed for those who find pictures easier to understand than words, the books give people with additional communications needs the tools to share and understand their feelings and the world around them, as well as participate in decisions about their lives.

Selfcare Titles

Looking after my eyes

George gets Smart

Moving more and feeling good

Rose gets in Shape

Joe and Julie stop smoking

The trouble with Poo

Stories

A Night in Space

Lucy goes riding

Ginger is a hero

The Book Club

A Day at the Beach

Healthcare Support

Going to the Dentist

Going to the Doctor

Going into Hospital

Going to Out-Patients

<https://shropshire.gov.uk/libraries>

Neurodiversity collection for Adults and Young People

Stories: teenage and adult fiction depicting neurodiversity

Finding Phoebe - Gavin Extence

Bookishly ever after - Lucy Powrie

The right wavelength - Amber Crewe

A room called Earth - Madeleine Ryan

Personal Accounts: memoirs exploring the autistic/neuro-diverse experience including late diagnosis

Ten steps to Nanette - Hannah Gadsby

The reason I jump - Naoki Higashida

Strong female character - Fern Brady

Drama queen: one autistic woman and a life of unhelpful labels - Sara Gibbs

But everyone feels this way: how an autism diagnosis saved my life - Paige Layle

Why can't I just enjoy things? a comedian's guide to autism - Pierre Novellie

Illuminated: all the things I left unsaid - Melanie Sykes

Letters to my weird sisters – Joanne Limburg

Guide to Conditions: guides to neurodivergent conditions

Camouflage: the hidden lives of autistic women - Sarah Bargiela

That's the way I think: dyslexia, dyspraxia, ADHD and dyscalculia explained - David Grant

Unmasked: the ultimate guide to ADHD, autism and neurodivergence - Ellie Middleton

It just doesn't add up: explaining dyscalculia and overcoming number problems for children and adults - Paul Moorcraft

Navigating the World: practical handbooks

Different, not less: a neurodivergent's guide to embracing your true self and finding your happily ever after - Chloe Hayden

The memory and processing guide for neurodiverse learners: strategies for success - Alison Patrick

Stumbling through space and time: living life with dyspraxia - Rosemary Richings

Un-typical: how the world isn't built for autistic people and what we should all do about it - Pete Wharmby

Celebrating Neurodiversity

The pattern seekers: a new theory of human invention - Simon Baron-Cohen

Wired differently - Joe Wells