

Date	Programme	Time	Location/Venue
01 February 2026			
02 February 2026	Outreach Event	10:00 - 13:30	Shrewsbury College Cancer Champions World Cancer Day Event
03 February 2026	Workplace Health Checks	10:00 - 14:00	Shrewsbury Livestock Market
04 February 2026	Workplace Health Checks	10:00 - 14:00	Market Drayton Livestock Market
04 February 2026	Community Outreach Health Checks	10:00 - 13:00	Shrewsbury Job Centre Over 50's Event
05 February 2026	Community Outreach Health Checks	10:00 - 13:00	Whitchurch Canal
06 February 2026			
07 February 2026	Outreach Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks
08 February 2026			
09 February 2026	Winter Outreach Wellbeing	11:30 - 14:00	The Fox Pub, Ryton
10 February 2026	Outreach Event	10:00 - 13:00	Ellesmere Health and Wellbeing Pop Up - The Square (near Tesco)
11 February 2026	Winter Outreach Wellbeing	10:00 - 15:00	Bucknell, St Marys Church - 10:00 - 12:00 Chapel Lawn Village Hall - 12:30 - 13:30 LLanfair Waterdine at Everest Hall - 14:00 - 15:00
11 February 2026	Community Outreach Health Checks	14:00 - 17:00	Whitchurch Job Centre
12 February 2026	Community Outreach Health Checks	10:00 - 13:00	Wem Health and Wellbeing Pop Up
12 February 2026	Winter Outreach Wellbeing	10:00 - 15:00	Clungunford Village Hall - 10:00 - 11:00 Clunton Village Hall - 11:20 - 12:00 Newcastle Community Centre -12:15 - 13:00 Bettws - y - Crwyn - 13:45 - 14:30 Anchor - 14:40 -15:00
13 February 2026	Workplace Health Checks	10.00 - 2.00	Ludlow Livestock Market
14 February 2026	Outreach Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks
15 February 2026			

16 February 2026	Workplace Health Checks	10:00 - 14:00	Bridgnorth Livestock Market
17 February 2026	Community Outreach Health Checks	11:30 - 14:30	Marton Village Hall Community Lunch
18 February 2026	Workplace Health Checks	10:00 - 14:00	Oswestry Livestock Market
18 February 2026	Community Outreach Health Checks	10:00 - 12:00	Butty Van - Rushbury
19 February 2026	Community Outreach Health Checks	09.00 - 11.00	Market Drayton Foodbank
20 February 2026	Workplace Health Checks	10:00 - 14:00	Bridgnorth Livestock Market
20 February 2026	Community Outreach Health Checks	11:30 - 14:30	Marton Village Hall Community Lunch
21 February 2026	Outreach Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks
22 February 2026			
23 February 2026			
24 February 2026	Winter Outreach Wellbeing	10:00 - 14:00	Trefonen Village Hall - 10:00 - 11:50 The Royal Oak, Treflach - 12:10 - 13:00 St Mary's Church, Nant Mawr - 13:10 - 14:00
25 February 2026	Outreach Event	10:00 - 13:00	Market Drayton Health and Wellbeing Pop Up
25 February 2026	Outreach Event	14:00 - 16:00	Fairfields, Market Drayton, Health and Wellbeing Pop Up
26 February 2026	Workplace Health Checks	10:00 - 14:00	Bishops Castle Livestock Market
26 February 2026	NHS Outreach Health Checks	9:00 - 17:00	Westbury Pub Car Park
27 February 2026	Winter Outreach Wellbeing	10:30 - 13:30	Weston Rhyn
28 February 2026	Outreach Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks

01 March 2026			
02 March 2026			
03 March 2026	Workplace Health Checks	10:00 - 14:00	Shrewsbury Livestock Market
04 March 2026	Workplace Health Checks	10:00 - 14:00	Market Drayton Livestock Market
05 March 2026	Workplace Health Checks	9:30 - 17:00	Shrewsbury SATH - HTP
06 March 2026	Winter Outreach Wellbeing	10:15 - 12:45	10:15 - 11:15 Prees Heath - Parking at ExcelClad 11:30 - 12:45 Tilstock - Parking at Bradbury Village Hall
07 March 2026	Outreach Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks

08 March 2026			
09 March 2026	Community Outreach Health Checks	09:30 - 13:00	Community Resource - Healthy Eating and Physical Exercise event
10 March 2026	Winter Outreach Wellbeing	10:15 - 14:30	Adderley / Talbot Wharf and Marina
11 March 2026	Outreach Event	10:00 - 13:00	Oswestry Health and Wellbeing Pop Up
11 March 2026	Outreach Event	14:00 - 16:00	St Martins Health and Wellbeing Pop Up
11 March 2026	Community Outreach Health Checks	11:30 - 14:30	Stanton Lacy Winter Warm Lunch
12 March 2026	Workplace Health Checks	10:00 - 14:00	Bishops Castle Livestock Market
13 March 2026	Workplace Health Checks	10:00 - 14:00	Ludlow Livestock Market
14 March 2026	Outreach Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks
15 March 2026			
16 March 2026			
17 March 2026	Workplace Health Checks	10:00 - 14:00	Bridgnorth Livestock Market
17 March 2026	Community Outreach Health Checks	09:30 - 12:30	Whitchurch Job Centre
18 March 2026	Workplace Health Checks	10:00 - 14:00	Oswestry Livestock Market
19 March 2026	Community Outreach Health Checks	10:00 - 12:00	Butty Van - Location TBC
20 March 2026	Community Outreach Health Checks	09:00 - 11:00	Market Drayton Foodbank
21 March 2026	Outreach Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks
22 March 2026			
23 March 2026			
24 March 2026			
25 March 2026			
26 March 2026			
27 March 2026	Community Outreach Health Checks	10:00 - 13:00	Whitchurch Health and Wellbeing Pop Up
28 March 2026	Outreach Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks
29 March 2026			
30 March 2026			
31 March 2026	Winter Outreach Wellbeing	10:30 - 13:30	Loppington / Cockshutt



