

Date	Programme	Time	Location/Venue
05 January 2026			
06 January 2026	Workplace Health Checks	10:00 - 14:00	Shrewsbury Livestock Market
07 January 2026	Workplace Health Checks	10:00 – 14:00	Market Drayton Livestock Market
08 January 2026	Community Health Checks	09:00 – 11:00	Raven House, Market Drayton Babybank
09 January 2026	Workplace Health Checks	10:00 – 14:00	Ludlow Livestock Market
09 January 2026	Community Health Checks	09:30 – 12:30	Whitchurch Job Centre
10 January 2026	Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks
11 January 2026			
12 January 2026	Community Health Checks	09:30 – 12:30	Shrewsbury Job Centre
13 January 2026	Winter Outreach Wellbeing	10:15 – 15:00	Maesbury Canal 10:15 – 11:30 Peate Mill 11:45 – 13:15 Kinnerley 13:30 – 15:00
14 January 2026	Community Health Checks	10:00 – 13:00	Oswestry Mental Health Pop Up
14 January 2026	Community Health Checks	11:30 - 14:30	Stanton Lacy Winter Lunch
14 January 2026	NHS Outreach Health Checks	9:30 - 16:00	Westbury Pub Car Park
14 January 2026	Community Health Checks	15:00 - 17:00	Oswestry Colour Café
15 January 2026	Community Health Checks	10.00 - 12.00	Easthope, Butty Van
16 January 2026	Community Health Checks	09:00 – 11:00	Market Drayton Foodbank
16 January 2026	Community Health Checks	9:30 - 12:00	Shrewsbury Barnabas
17 January 2026	Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks
18 January 2026			
19 January 2026	Community Health Checks	9:30 – 11:00	Ludlow, Rock Spring Community Cafe Coffee Morning
19 January 2026	Event	10:00 – 14:00	Shrewsbury College Cancer Champion Training

19 January 2026	Community Health Checks	1:30 – 15:30	Working Together Ludlow
20 January 2026	Workplace Health Checks	10:00 – 14:00	Bridgnorth Livestock Market
21 January 2026	Workplace Health Checks	10:00 – 14:00	Oswestry Livestock Market
21 January 2026	Community Health Checks	10:00 – 16:00	Shrewsbury, Ditherington Community Café
22 January 2026	Workplace Health Checks	9:30 – 17:00	Shrewsbury (SATH) Vinci Ltd
23 January 2026	NHS Outreach Health Checks	9:30 - 4:30	Westbury Pub Car Park
24 January 2026	Event	09:30 - 4:30	Oswestry Bulgarian School - Welfare Support/Health Checks
25 January 2026			
26 January 2026	Winter Outreach Wellbeing	10:00 - 12:00	Hanwood 10:00 – 11:00 Cruckton 11:05 – 12:00
27 January 2026	Community Health Checks	TBC	Whitchurch Canal
28 January 2026	Winter Outreach Wellbeing	13:15 - 15:45	Grafton 13:15 - 13:55 Fitz 14:00 - 14:40 Forton Heath 14:45 - 15:45
28 January 2026	Winter Outreach Wellbeing	10:00 - 12:00	Market Drayton, Talbot Wharf
29 January 2026	Winter Outreach Wellbeing	10:00 – 15:00	Clungunford Village Hall 10:00 – 11:00 Clunton Village Hall 11:20 – 12:00 Newcastle Community Centre 12:15 – 13:00 Bettws - y - Crwyn 13:45 - 14:30 Anchor 14:40 – 15:00
30 January 2026	Community Health Checks	09:30 – 12:30	Whitchurch Mental Health Pop Up
31 January 2026	Event	09:30 - 16:30	Oswestry Bulgarian School - Welfare Support/Health Checks
31 January 2026	Event	11:00 – 14:00	Ludlow RFU Health & Wellbeing Event