

## Get in touch

Parent Carer Advice Line 07870 503187

Available Monday to Friday  
9am - 5pm  
Leave a message & we will get back to you

### Email

SRPinfo@wearewithyou.org.uk

### Webchat

wearewithyou.org.uk

**If a young person agrees to get help make a referral via**

01743 294700

## We Are With You Shropshire

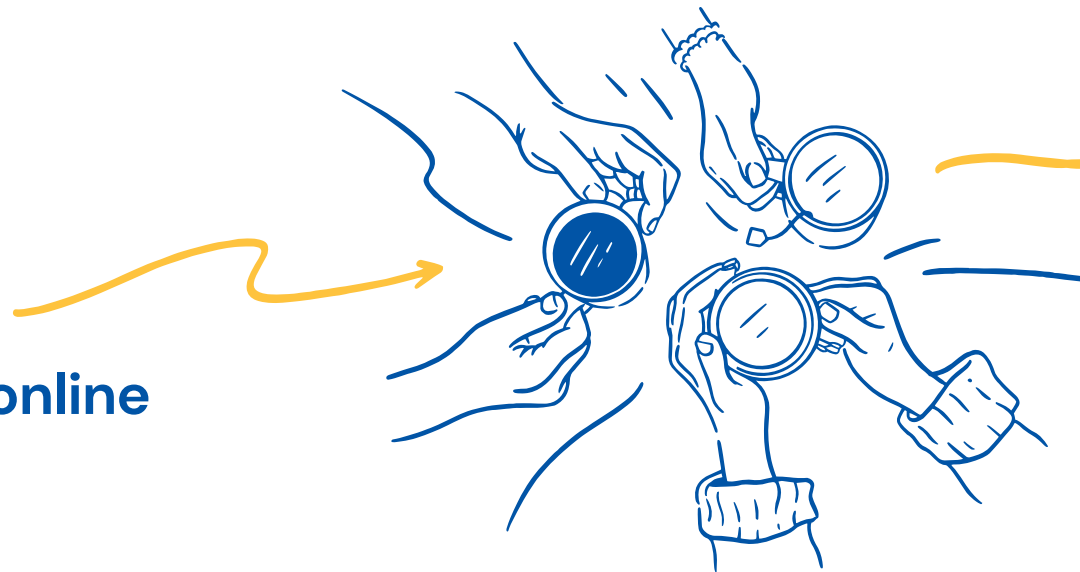
We provide free & confidential support to young people & families experiencing issues with drugs or alcohol. We work with people on their own goals, whether that's staying safe and healthy, making a small change or stopping an unwanted habit.

Want to chat? We are With You.

**Parent Carer Advice Line  
07870 503187**

# Parent Carer Advice Line

Worried about a young person you care about using drugs or alcohol?  
Contact our confidential advice service



## Information online

### Facebook

wearewithyoushropshire

### Twitter

@WithYouShrops

### Instagram

wearewithyoushropshire

**withyou**

## Contact our free, confidential service & talk to our trained staff

We're here to listen – you can tell us as little or as much as you want.

We support young people & families to make positive changes to minimise the impact of substance misuse on the family dynamic through

- one to one support for young people
- supporting parents/carers to access adult services where necessary
- providing advice & guidance to families about all aspects of drug or alcohol use

## Who is the young person service for?

We can support a young person you are worried about if they are:

- under 18
- living in the Shropshire area
- consent to a service from us

## Help for friends & family

You're welcome to contact our Advice Line if you're worried about a young person's drinking or drug use.

We also offer group support for friends and family.

We can give you a safe space to discuss your concerns & provide advice & information on how to access support

## Other sources of support

FRANK

Confidential 24 hour helpline

0300 1236600 [talktofrank.com](http://talktofrank.com)

Adfam

Information and support for the families of drug and alcohol users

[adfam.org.uk](http://adfam.org.uk)

DrugFAM

Support to families affected by someone else's drug or alcohol use

0300 888 3853 [drugfam.co.uk](http://drugfam.co.uk)

Families Anonymous

For families concerned about a loved one's drug problems

0207 4984 680 [famanon.org.uk](http://famanon.org.uk)

**need  
to talk?  
we are  
withyou**

## Talk to us online

Whether you need information for yourself or advice to support a friend or relative our webchat service is here for everyone.

Start a webchat by clicking on the chat button on the bottom right hand side of our website. You can access webchat on your laptop or mobile.

We've used our webchat service to speak to over 11,000 people in need

