

Circle of Support – Question Prompts for Children and Young People

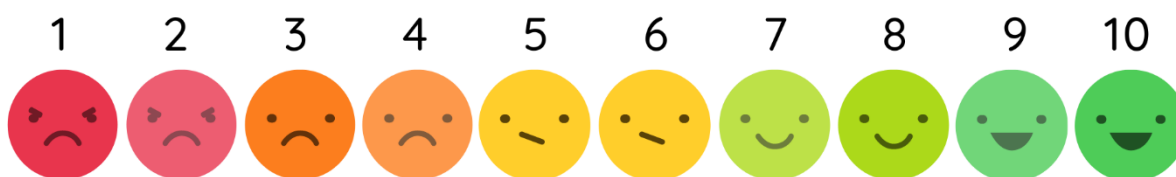
4 Questions:

1. What is going well?

2. What are we worried about?

3. What support is currently in place?

4. What needs to happen?



Good Education

Questions;

- ♥ Tell me about when you are in school.
- ♥ Do you normally enjoy school?
- ♥ Who are your friends at school?
- ♥ What are the reasons why you are sometimes late/do not attend school?
- ♥ What are the best/worst things about school?
- ♥ Are you making progress and learning new skills/things?
- ♥ What are your hopes and dreams for your future?
- ♥ Is there any support you think you need?
- ♥ What is working well for you in school?
- ♥ How could you be supported? What makes life easier for you in school? How could you be helped to learn?
- ♥ What is not working well? How could this be made better?
- ♥ If I asked your friends to tell me about you, what would they say?
- ♥ What would you like to do when you are older? What steps do you think you need to take to help to get you there?
- ♥ Do you have a good understanding of what is being said to you?
- ♥ Can you share your thoughts, feelings, and ideas easily with your teachers and friends?
- ♥ How do you communicate? Do you use signs or symbols? Do you need objects or pictures to be understood or for you to understand?



Early Years Development

Observe child in home/education setting Use play people, cars, puppets, dolls, soft toys, farm animals, pens, crayons, play dough.

When observing consider:

- ♥ How does the child communicate with their key adults/ peers?
- ♥ What do they do if they come across a problem/ challenge?
- ♥ Do they have a good understanding (age appropriate) of what is said to them?
- ♥ Do they use non-verbal communication methods such as concrete objects, signs, symbols, visuals?
- ♥ Is their play solidary? alongside or with peers and siblings? How are fallings out dealt with? Can they turn take and share?
- ♥ Does the child engage in commentary/ narrative whilst playing?
- ♥ Is play repetitive? Same theme, process, toy? Is it fleeting? Do they flit from one thing to another, never settling?



Mental/Physical Health

Questions;

- ♥ Are you feeling worried, anxious, or sad? Are your thoughts helpful or unhelpful?
- ♥ Have you found ways to help yourself cope with your thoughts, feelings, and behaviours?
- ♥ Do you eat a healthy diet? Do you exercise at least 2-3 times a week?
- ♥ Do you get enough sleep?
- ♥ What areas do you need to take better care of yourself?
- ♥ Do you have a disability?
- ♥ Do you take medication? When and how do you take the medication? How much to you take?
- ♥ Do you use equipment such as walking aids, a wheelchair, white cane, hearing aids?
- ♥ Do you take part in any sports clubs? If not, would you like to? What is stopping you?
- ♥ Tell me about what you usually have for breakfast, lunch, dinner?
- ♥ What is your favourite/least favourite food to eat?

Sensory need exploration:

- ♥ Are clothes comfortable?
- ♥ Do you enjoy having a bath? shower?
- ♥ How do you feel about having your teeth and hair brushed?
- ♥ Are they places you go that worry you? Why? too busy? loud? hot? cold?



Substance Use

Questions;

- ♥ Do you drink alcohol?
- ♥ Have you tried drugs or smoking?
- ♥ Are you friends with or hang out with people that do take drugs? If so, where?
- ♥ Does anyone else in your family use drugs or alcohol?
- ♥ Do you understand the risks associated with alcohol use or using drugs?
- ♥ Do you vape? If so, where?
- ♥ How do you pay for this?

STAFF think – do you need to complete a CE RA? Or a SMARTER screening tool?



Family Relationships

Questions;

- ♥ Do you have good relationships with your family?
- ♥ Do you get on with everyone at home?
- ♥ Do you have rules at home?
- ♥ Do you have a routine in place e.g., bedtime routine?
- ♥ Do you like things to happen at the same time in the same way each day?
- ♥ Are you allowed out late?
- ♥ Do you have people to talk to?
- ♥ Do you feel safe at home?
- ♥ When you fall out, how do you sort it out?
- ♥ Do you care for anyone at home?
- ♥ If you could set one rule for your family, what would it be?
- ♥ Who looks after you before and after school?



Keeping Children Safe

Questions;

- ♥ Tell me about your family life.
- ♥ What makes you happy?
- ♥ What makes you sad?
- ♥ Do you feel safe at home?
- ♥ Do you feel safe online?
- ♥ Do you have friends online?
- ♥ How do you communicate with them?
- ♥ Has someone sent you a picture on the Internet that made you feel uncomfortable?
- ♥ Do you have friends by where you live that you spend time with outside your family home?
- ♥ Do your friends do things that make you feel uncomfortable?
- ♥ Are you in a relationship? Do you have a boyfriend / girlfriend? Are you happy in this relationship?



Crime Prevention

Questions;

- ♥ Have you ever done anything that you thought might get you into trouble?
- ♥ What would you do if you were offered drugs or alcohol, or someone asked you to do something you thought was wrong?
- ♥ Do you know what Anti-social behaviour is and can you give me an example... have you ever done anything like this?
- ♥ Do you carry a knife or a weapon?



Domestic Abuse

Questions;

- ♥ How are relationships in the family, does everyone get along?
- ♥ Is anyone being hurt in your house? If so who and by whom? What happened?
- ♥ Has there ever been a time where you have felt scared, worried or been hurt at home?

- ♥ Do you feel safe now?
- ♥ How does this make you feel?
- ♥ Do you know who to talk to if you are scared or worried at home?
- ♥ Are your family receiving support?
- ♥ Do you need any support with this?



Housing

Questions;

- ♥ Do you like where you live?
- ♥ Who lives in your home?
- ♥ Where do you sleep and who else sleeps in the same room?
- ♥ Do you feel safe in your community?
- ♥ What is your house like / tell me what it is like inside?
- ♥ Do your friends come to your house?
- ♥ Do you need anything in your home changing to help you live there comfortably?



Finances

Questions;

- ♥ Do you know how to budget?
- ♥ Do you have enough money? Does your family have enough money?
- ♥ Do you know how to save?
- ♥ Are you getting support in accessing further education or getting a job?