

SMARTER

SCREENING TOOL

SUBSTANCE
MISUSE &
RISK TAKING
EARLY
REFERRAL

**we are
withyou**
SHROPSHIRE

We Are With You Shropshire are a specialist drug & alcohol support service.

We work with young people that have a Shropshire postcode - up until their 19th birthday. We may support young people beyond this if they have complex needs eg. leaving care or are receiving support for their mental health.

SCREENING TOOL

The SMARTER screening tool will indicate when specialist advice should be sought for a young person.

The tool will enable the identification of risk factors - however, the SMARTER screening tool will not provide a Comprehensive Specialist Substance Use Assessment.

The form is divided into sections designed to assess risk factors regarding:

Section 1: At Risk Groups

Section 2: At Risk situations

Section 3: Substance Use

Instructions:

Complete the form, ticking the box that is the most appropriate response, ask the young person open questions to gain an insight into their substance misuse and what risk it involves for the young person. A scoring system is employed in the Substance Use section. The scores should be added up and the total written in total section.

Do not worry if you are unable to gain consent from the young person, please complete the form to the best of your ability & we can offer a **'Meet & Greet'** appointment to explain more to the young person & hopefully gain their consent to a service.

Please complete all of the following sections:

RISK FACTORS

SECTION 1- AT RISK GROUPS

I am a Looked After Child (LAC)/ young person.

I am excluded from School/College.

I am a regular truant/ non attender.

I am involved with **YJS** or Probation Service.

I have a Social Worker / CP / CIN

I have a learning disability or development disorder e.g. ADHD, Asperger's.

I am currently receiving support from **BeeU** or have in the past.

I have family members who have mental health problems.

I am a young carer

I use disposable/refillable vapes

I am receiving vaping support

SECTION 2 - AT RISK SITUATIONS

I am homeless, living in supported accommodation, temporary accommodation or sofa surfing.

I have been involved in anti-social behaviour or crime.

I have had repeated accidents/injuries or self-harm when under the influence of drugs or alcohol.

I have been under the influence of drugs or alcohol at School or other settings e.g. College.

I have caused others to become concerned about my lifestyle e.g. missing from home.

I am, or have in the past, carried drugs for other people.

I am, or have in the past, inserted drugs into my body.

I have regular, unplanned unprotected sex.

Any further relevant information:

Please note: we are not commissioned to deliver nicotine support. However, we do support with vaping of other substances, such as THC

SECTION 3 - SUBSTANCE MISUSE

Do you use substances?

0	No substance use			
2	Cannabis Cocaine LSD	Ecstasy Alcohol Other please state _____	Amphetamines Solvents	Xanax Ketamine THC
5	More than one drug at a time or mixing drugs and alcohol			
5	Heroin/Methadone Other Opiates please state _____	Crack Cocaine		

How often do you use?

1	Occasional– Less than once a week
3	Regular - More than once a week
5	Daily

Do your friends use substances?

0	No substance using friends
1	Some use—some don't
3	All friends use

Are there any problems with substances in your family?

0	No problematic use in family
5	Problematic drug/alcohol use among close family members

Do you feel the need to use substances to cope with life?

0	I do not need substances to cope
2	I sometimes need substances to help me cope
5	I cannot cope without substances

Young Person's views:

Yes No

	Yes	No
Do you think your substance use is a problem?		
Do you want to change your substance use?		
Do you want to see a young person's drugs worker?		
Do you require a meet & greet to hear more about our service?		

Scoring Table

SCORE (from SECTION 3)

- 0-4** Give advice if no other risk factors from Sections 1 & 2 are present. If other risk factors are present in addition to substance misuse, consider make a referral to We Are With You.
- 5-12** Consider seeking advice BUT if one or more risk factors from Sections 1 & 2 are present, make a referral to the We Are With You team.
- 13 +** Refer to We Are With You by completing the Referral Form on page 10.

To work out scores: add figures of left column where there is a tick.

If you have any queries concerning this screening tool, wish to seek advice or would like copies of our substance guides please call We Are With You on 01743 294700, email SRPinfo@wearewithyou.org.uk or visit our social media accounts.

SCREENING TOOL - DRUGS GLOSSARY

- AMPHETAMINE:** Powerful stimulant that keeps people alert - usually sold as an off-white/pinkish powder that sometimes look like small crystals. Class B. Speed, whiz, sulphate, phet, base, paste, billy, base, dexies (Dexedrine). Methamphetamine (methedrine) is the strongest form of speed – can be smoked or available in powder form. Crank, crystal, ice, glass, tina or meth.
- CANNABIS:** Commonly used sedative with hallucinogenic effects. Class B.
Sometimes cannabis is referred to by weight – 1 gram = £10.00/tens; an eighth (a Henry); a quarter (a Q) or an ounce. A 'nine bar' is 9 oz of cannabis resin.
- Herbal:** Weed, green, skunk, ganja, grass, bush, bud, herb, sinsemilla, shake, Pot, dope, blow, wacky baccy, spliff. Skunk is usually stronger & can be known by breed of plant – White Widow, Northern Lights, Bubblegum etc.
- Resin:** Solid, hash, pollen, slate, rocky (Moroccan), black, squidgy black.
- Hash oil:** Cannabis in liquid form – very rare in the UK.
- Dabbing:** Dabs are concentrated doses of cannabis that are made by extracting THC using a solvent like butane or carbon dioxide - resulting in sticky oils commonly referred to as wax, shatter, budder & butane hash oil (BHO).
- Edibles:** Forms of cannabis that can be eaten as cakes or sweets & can be available to purchase online. The strength can catch users off guard & leave them very unwell.
- COCAINE:** Powerful stimulant snorted as a powder (coke, posh, Charlie, white, snow, blow, wash, flake, sniff). Crack cocaine is much stronger & smoked from small rocks (stone, base, freebase, toot). Class A.
- DMT:** Powerful hallucinogenic drug from plants that can be smoked or snorted. Class A. Dimitri, ayahuasca.
- ECSTASY:** Popular stimulant sold in pills (ecstasy) or powder (MDMA). Class A. MD, Molly, Mandy, E, beans, mud, brownies, XTC. Often known by the image stamped on the pill ie Mitsubishis, doves, dolphins, Donkey Kong, Blue Punishers, trump, Putin, Audi, Sprite, Technogym, Skype, Maybach etc.
- Similar drugs are MDA (Adam) and MDEA (Eve).
Other ecstasy type drugs are 4-MTA (Flatliners) and 2CB.
- GBL & GHB:** Closely related drugs with similar powerful sedative & anaesthetic effects. Strong potential for dependency in regular users. Very dangerous mixed with alcohol. When consumed GBL is converted into GHB in the body. Class C. Blue Nitro, G, liquid ecstasy (not chemically related to ecstasy), 1, 4-BD, Geebs.
- HEROIN:** Powerful opiate sold as a white/brown powder – addictive with risk of overdose. Class A. Smack, gear, brown, skag, H, horse, junk, china white. Often referred to by price e.g. 'a ten bag or twenty bag'. Smoking heroin is called 'tooting' or 'chasing the dragon'. Injecting is sometimes referred to as 'digging', 'pinning' or 'shooting up'.
- Other opioids:** Methadone (physeptone), Subutex (buprenorphine), Dihydrocodeine (DF118), Diconal – known as 'pinkies'

Synthetic opioids: Man-made drugs such as Fentanyl & Carfentanyl that mimic the effects of natural opioids (such as opium or heroin). Most synthetic opioids are Class A drugs.

- KETAMINE:** Hallucinogenic dissociative sold as a grainy white powder. Class B. K, Special K, Vitamin K, Super K, Ket, Wonk, Wobble, Green, Donkey Dust - often referred to as a horse tranquilliser.
- LEAN:** Drink made from cough syrups (Nurofen Plus/Max, Codis500) containing Codeine & promethazine. Similar pain relief effects to other opiates – addictive with risk of overdose. Class B. Syrup, Purple Drank, Dirty Spite.
- LSD:** Hallucinogen - small squares of paper, a liquid or pellets (micro-dots). Class A. Acid, trips, dots, Lucy, tabs, blotters – sometimes the name is the picture on the blotter.
- MAGIC MUSHROOMS:** Hallucinogen – can be found wild or bought dried & made into tea. Class A. Shrooms, liberty caps, liberties, mushies, magics, philosopher's stones, amani, agaric.
- NPS (NEW PSYCHOACTIVE SUBSTANCES):** Drugs containing one or more chemical substances to mimic & produce similar effects to drugs like cocaine, cannabis & ecstasy – formerly known as 'legal highs' but illegal since 2016.
- Cannabinoids:** mimic cannabis and are traded under such names as Spice, Super Lemon Haze; Super Strawberry haze; Black mamba; Pandora's Box; Exodus Damnation; Psyclone; Cherry bong, Blue Cheese, Bombay Blue Extreme, X, Tai High Hawaiian Haze, Clockwork Orange, Annihilation, Amsterdam gold, Devil's Weed
 - Hallucinogens:** mimic substances like LSD - include 25i-NBOMe, Bromo-Dragonfly & the ketamine-like methoxetamine.
 - Stimulants:** mimic substances such as amphetamine, cocaine and ecstasy. BZ, MPDV, NRG-1, Benzo Fury, Ivory Wave, MDAI, ethylphenidate, Go Gaine, Charley Sheen, Pink Panther. Mephedrone is a powerful ecstasy-like stimulant. Also known as Meow, Meph. MC, M-smack, charge, 4-MMC, M-CAT, Drone, bounce or bubble.
 - Tranquillisers:** mimic anti-anxiety drugs, in particular from the benzodiazepine family & include Etizolam, Pyrazolam and Flubromazepam.
- NITROUS OXIDE:** Solvent usually inhaled from balloons – contained in small silver canisters. Illegal to supply or use for psychoactive effect since 2016. Mr Whippy, whippits, laughing gas, NOS, NOZ, balloons, chargers, hippie crack. Covered by Psychoactive Substances Act 2016 – making it illegal to supply for human consumption.

PRESCRIPTION DRUGS: Commonly misused classes of prescription drugs include:

Opioids: Co-codamol & Codeine – for pain. Class B.

Benzodiazepines: central nervous system depressants for anxiety & sleep disorders - Xanax, diazepam/Valium, Tempazepam – Blues, roofies, downers, vallies. Class C

Stimulants: for ADHD or narcolepsy such as Dexedrine. Class B.

Pregabalin & Gabapentin: Prescription only medicines (Neurontin, Lyrica) used to treat epilepsy, anxiety & pain. Addictive with risk of overdose – especially if mixed with other drugs/alcohol. Class C. Bud Light, Budweisers, Gabbies.

SOLVENTS: Wide range of glues, gases & aerosols containing volatile substances - which people sniff to get high – butane gas (lighter refill), petrol, deodorant/hairspray canisters, Nitrous Oxide. Illegal to supply or use for psychoactive effect since 2016. Tooting, huffing, dusting, chroming, glue sniffing.

XANAX: Alprazolam is a tranquilising benzodiazepine prescription medication – however most 'street benzos' are illicit/fake & can contain harmful substances that can lead to hospitalisation or death. Xanax comes in a bar shaped pill. Class C. Zannies, bars, planks, footballs, downers, ladders, Xans, yellow boys, white girls, white boys, handlebars, school bus, blues, Xanbars.

Please note: This glossary is not exhaustive! Street names for drugs can vary from town to town & between peer groups. Many of the new drugs sold over the internet may not contain what is advertised & can be very dangerous.

Useful websites:

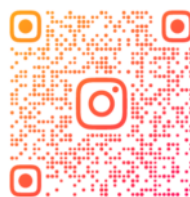
- www.drugscope.org.uk both contain drugs information and glossaries
- www.talktofrank.com
- www.drugsand.me educational harm reduction information
- www.erowid.org has comprehensive scientific, photographic & user-based information
- www.drugs.com has information about prescription & over-the-counter medicines
- www.healthforteens.co.uk for support with vaping nicotine or smoking cigarettes
07507330346

CONTACT US

Phone: 01743 294700

Webchat: www.wearewithyou.org.uk

Follow our social media:



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REFERRAL FORM

Name of Referrer:
Agency:
Contact Address:
Email address:
Contact Telephone Number:

Young Person's details:

Name:	DOB:
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Non-binary Male Female

Address:
Postcode:

Telephone (home):	(mobile):
Email address:	

What school/college does the young person attend?
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Can the young person be contacted at home?	Yes	No
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Are Parents/Carers aware of the Smarter Screening Tool being completed	Yes	No
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Do you give your consent / permission for a copy of the Screening Tool to be sent to We Are With You?

Yes	No	Young person signature:
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Date referral form sent:

Please note we only accept referrals via the following email address:

Email: SRPinfo@wearewithyou.org.uk

Keep a copy of this form for your reference

This form will not be passed onto any other agency without your permission. Except if another child or young person is being abused or if you say you're going to hurt yourself or someone else