

Shropshire Virtual School
Autumn term 2026

Training overview for foster carers, PLAC parents and Kinship carers

Training title	Date and time	Venue	Overview	Click the icon below to register
Making a difference at PEPs – Early years – KS4	17 th September 2026 1:30-3:00pm	Teams	Every one of our young people deserves a good quality Personal Education Plan (PEP) <i>Come and meet our Virtual School Teacher who leads on PEPs for the Shropshire Virtual School and find out:</i> • <i>all about PEPs – what are they and why are they important?</i> • <i>how the carer's role is key</i> • how you can be well prepared for the PEP meeting <i>Bring along your questions, e.g.:</i> • How do I know if my child is doing well or not? • How can we use Pupil Premium + ?	
Become Charity: Understanding the leaving care process	22 nd September 2026 9:30- 11:30am	Online	Course participants will learn about: • The different types of eligibility of care experienced young people • The Pathway Planning Process • The difference between statutory and local entitlements • The different accommodation routes for care leavers • The financial options for care leavers.	

Become Charity: Pathway Planning and the Foster Carer role	10 th November 2026 9:30-11:30am	Online	Course participants will learn about: • The Pathway Planning process • What areas are covered in a Pathway Plan • How foster carers can contribute to Pathway Plans • How foster carers can be advocates for the young people in their care if they feel they are not getting the most from a Pathway Plan.	
Emotion Coaching for parents and carers	17 th November 2026 10am-2pm	Guildhall, Frankwell Quay, Shrewsbury, SY3 8HQ	A session for parents and carers to learn about and practice Emotion Coaching techniques which will support managing behaviour and relationships. Delivered by Dr Eleanor Tomlinson, Educational Psychologist Emotion Coaching techniques equip us with the tools that can aid children in self-regulating their emotions and behaviour. They enable parents/carers to create an ethos of positive learning behaviour, to have the confidence to de-escalate situations when behaviour is challenging, and to create longer-term solutions to promote children's well-being and resilience.	Mainstream Foster Carers to book via LEAP. All other participants: 
Become Charity: Supporting the well-being of care experienced young people	8 th December 2026 9:30am-12:30pm	Online	What you'll learn about: • The mental health spectrum and how care experience may impact young people's emotional wellbeing • Different dimensions of wellbeing and proactive ways we can support in each area • Supporting young people to recognise and deal with stress • Developing and maintaining self-esteem • Identifying and accessing social support	