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# OSWESTRY MEMORY LOSS COLLECTION

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A collection of loanable resources to support individuals living with memory loss

Please ask a member of library staff if you would like to borrow any of the items in this catalogue.

Using our online catalogue, you may also reserve items for collection at your chosen library

*Collection kindly sponsored by Oswestry Town Council*

# SHARED MEMORY BAGS

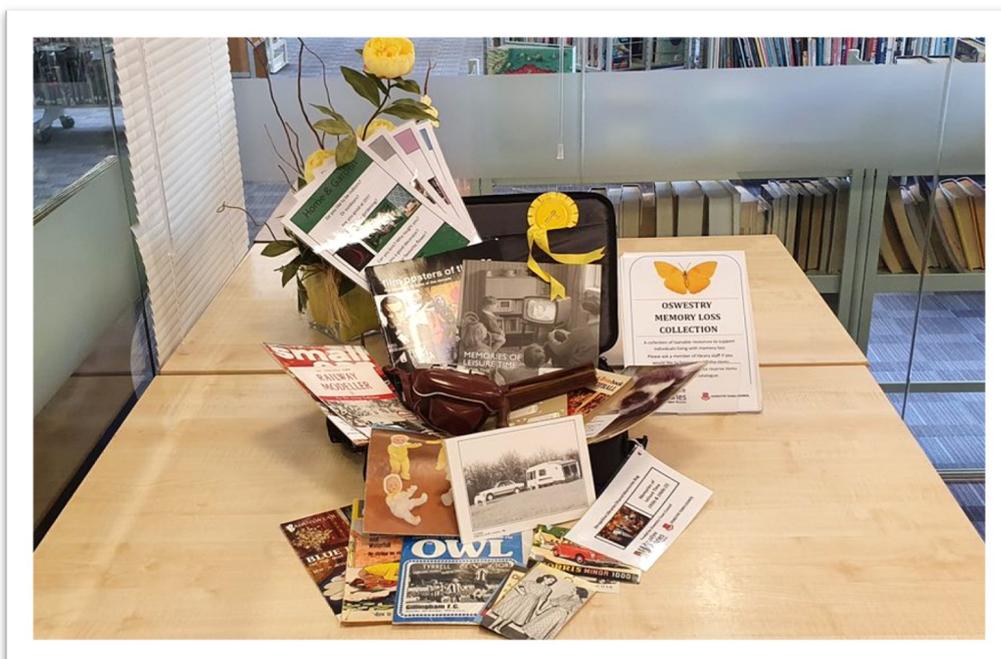


Portable collections of themed items and conversation starters to share at home or in a group

## Memories of Leisure Time (1)



## Memories of Leisure Time (2)





# SHARED MEMORY BAGS



## Memories of Music 1950s and 1960s



## Memories of Working Life 1950s and 1960s



# SHARED MEMORY BAGS



## Memories of Christmas 1950s and 1960s



Other Shared Memory Bags are available to borrow on a range of themes:

- School Days
- Shopping
- In the Garden
- Football
- Childhood Days
- Family Life
- Seaside
- Sporting Life
- Funny Old World
- Spending Time In-doors
- Travelling
- Land of My Fathers (Welsh/English)
- Spending Time Outside
- World of Work
- Countryside
- Proverbs & Sayings
- Music in Early Life
- \*Coming soon:**
- Time for Tea
- Music in Adult Life
- Memories of*
- Pets
- Strength for the Journey (faith-based)
- Oswestry*

Please speak to staff if you would like to reserve these, or search for 'Shared Memory Bags' on our Online Catalogue

# JIGSAWS



This Curious Cat Jigsaw Puzzle has 13 pieces.

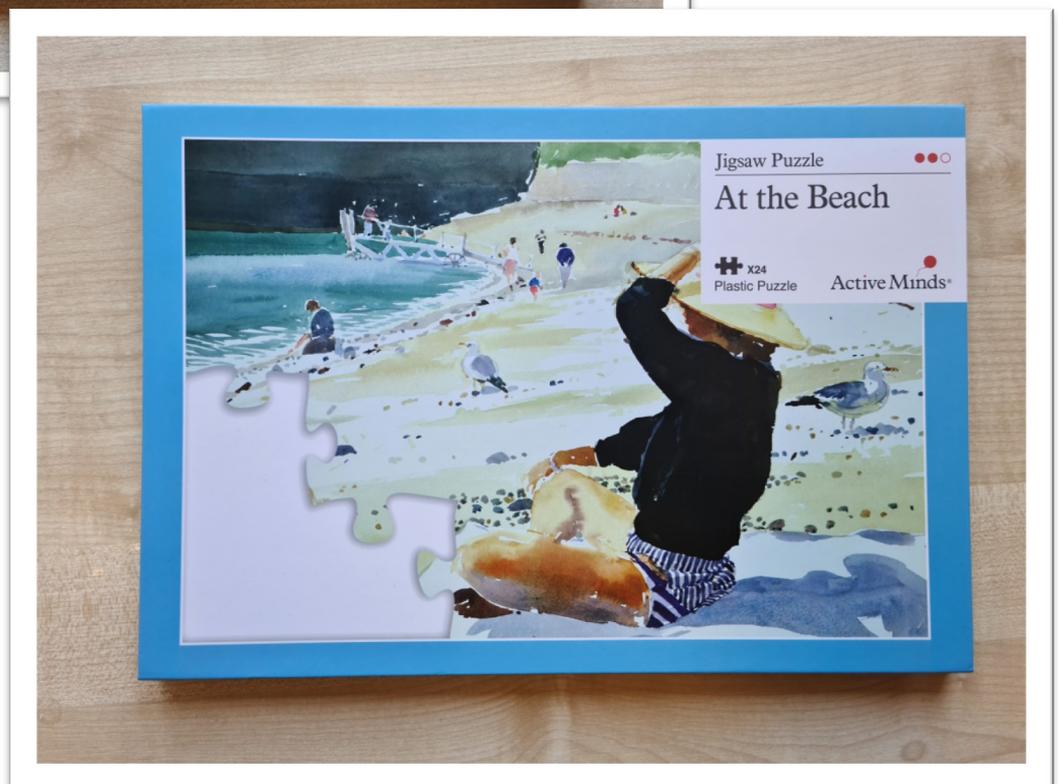
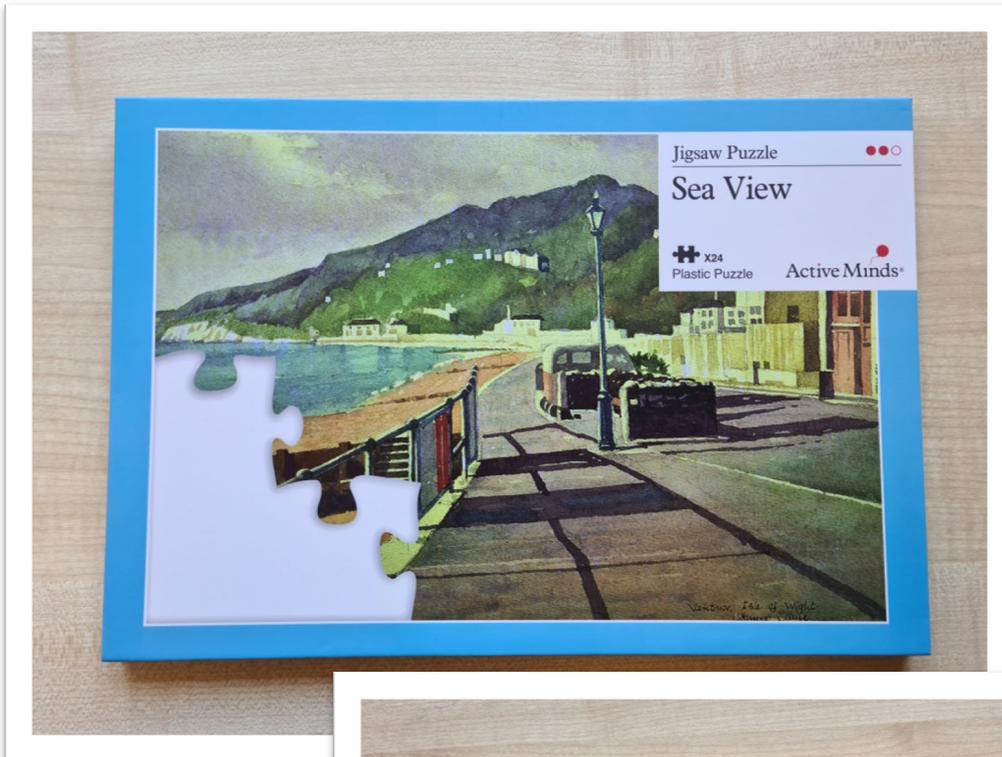
The Burano Island Jigsaw Puzzle has 63 pieces.



# JIGSAWS (24 PC)



These jigsaws have 24 pieces. Choose from Sea View or At The Beach



# JIGSAWS (36 PC)



These jigsaws have 36 pieces. Choose from Bathing Birds or Spring Stream.



# FIDGET WIDGETS



Fidget Widgets provide tactile feedback to keep hands and brains busy.



Choose from Roll, Twist, Turn or Spin.



# AUDIO CDS

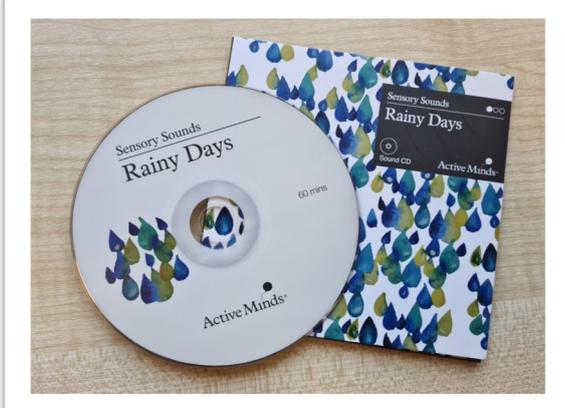


A collection of audio CDs with sounds to evoke memory.

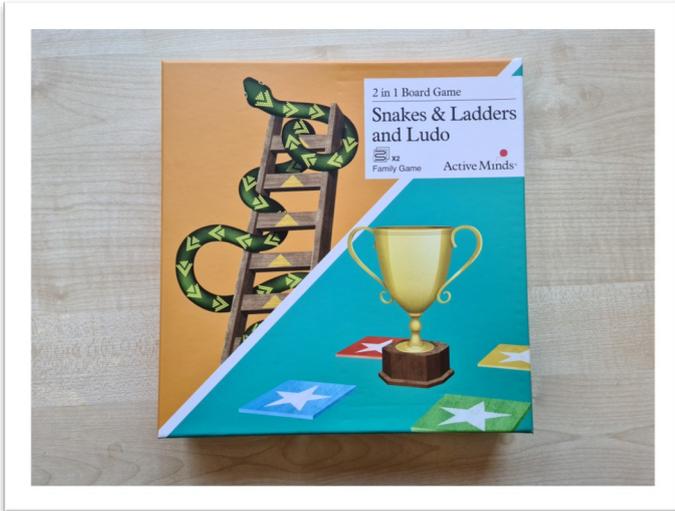


Choose from several themes:

- Forest Days,
- Seaside Days,
- Rainy Days
- Garden Days.



# GAMES



Active Minds  
Snakes & Ladders and Ludo  
2 in 1 board game

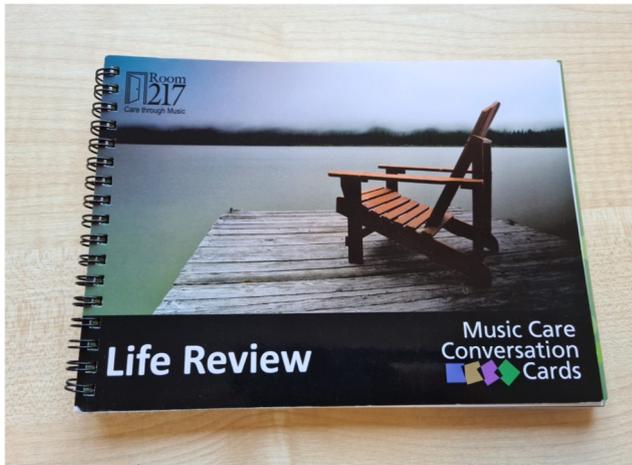


Active Minds  
Card Game - Animal Snap  
48 Image Cards



Active Minds  
Marble Maze

# CONVERSATION CARDS



Music Care Conversation Cards provide an opportunity to engage with one another using musical associations. Choose from the following themes:

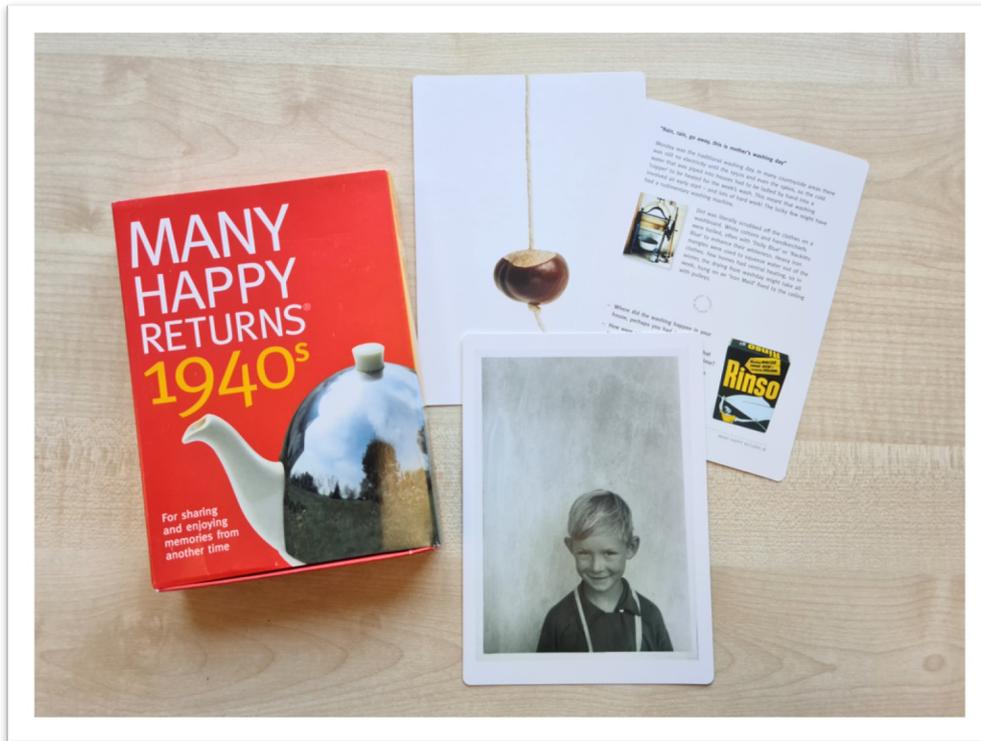
- Life Review
- Older Adults
- Dance



# PICTURE CARDS



A box of large postcards to evoke memory and prompt conversations. Choose from 1940s or 1950s themes.



# TIMESLIDES



Albums of Timeslide reminiscence cards on chosen themes.  
Pick from the Home Album, the Loves Album,  
or the Animal Album



# BOOKS



A collection of loanable books to support individuals living with memory loss. Please ask a member of library staff if you would like to borrow any of the items in this catalogue.

<b>Alzheimer's Society</b>	Taking Part: activities for people with dementia
<b>Bryden, Christine</b>	Will I Still Be Me? Finding a continuing sense of self in the lived experience of dementia
<b>Hayo, Hilda et al</b>	Young Onset Dementia: a guide to recognition, diagnosis, and supporting individuals with dementia and their families
<b>James, Andrew Ian</b>	Understanding Behaviour in Dementia that Challenges
<b>Killick, John</b>	Poetry and Dementia: a practical guide
<b>Lipinska, Danuta</b>	Dementia, Sex and Wellbeing
<b>Martin, Lee</b>	Practical Nutrition and Hydration for Dementia-Friendly Mealtimes
<b>Mercer, Ffion (ed.)</b>	Song Book: words for 100 popular songs
<b>Moore, Lynda</b>	My Book about Brains, Change and Dementia (for children)
<b>Oliver, Keith</b>	Dear Alzheimer's: a diary of living with dementia
<b>Opie, Robert</b>	Remember When: a nostalgia trip through the consumer era
<b>Plahay, Tania</b>	Yoga for Dementia
<b>Snyman, Matthew</b>	The Dementia Diaries (for young people)
<b>Tanner, Luke J.</b>	Embracing Touch in Dementia Care
<b>Warner, James</b>	A Pocket Guide to Understanding Alzheimer's Disease and Other Dementias

## ADDITIONAL INFORMATION



Additional helpful books are available in our *Reading Well Dementia* collections in many of our libraries. Some are also available in our e-library.

- Items can be borrowed for up to three weeks with a Shropshire Libraries card
- Concessions are available for carers, groups and housebound customers – please ask staff for details
- Loans can be renewed up to three times provided no other borrower is on the waiting list
- Cleaning and quarantining procedures are in place to ensure the safety of all items
- All library staff are Dementia Friends

### **Further information:**

Shropshire Libraries

01743 255024

[libraries@shropshire.gov.uk](mailto:libraries@shropshire.gov.uk)

[www.shropshire.gov.uk/libraries](http://www.shropshire.gov.uk/libraries)