



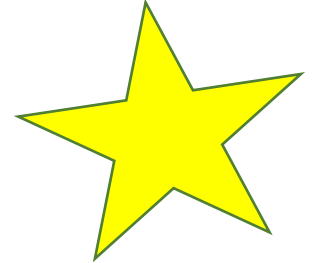
CARERS WEEK PROGRAMME OF ACTIVITIES

7TH - 14TH JUNE 2026

This year's theme:

'Building Carer Friendly Communities'

Carers Week 2026 focuses on the power of Building Carer Friendly Communities and the real, lasting difference they can make to the lives of unpaid carers.



To celebrate Carers Week 2026, we invite all adult Shropshire carers to join us for **Various Events, Activities and Competitions.**

All made possible by the generosity of partner organisations (thanked on the last page)

To **book** a place for **anything** in this programme or to find out more, please email:

shropshire.carers@shropshire.gov.uk

or telephone 01743 341995




**Building
Carer Friendly
Communities**



To celebrate Carers Week, we invite Shropshire carers to book to join us for various...



 **Monday 8th –
Wednesday 10th
June****



CARERS WEEK EVENTS



To book a place **for any** of the activities on this programme or to find out more, please email:

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or telephone 01743 341995

Hawkstone Park Follies Discovery Tour – FREE Event



The tour takes in The White Tower, The Monument, Swiss Bridge, The Hermitage and the caves at Grotto Hill. The tour, catered around the group on the day takes approx. 3 hours

To book a place or for further details please contact.

Tel: 01743 341995

Email:

shropshire.carers@shropshire.gov.uk

** NB Unfortunately this event is not suitable for wheelchair users. When booking you will need to give the names of who will be attending.

Free competition for All Carers on the register Enter to Win Theatre Severn Pantomime Tickets




To enter you need to be on the carer Register and just simply contact the carers team with your name and contact details.

Contact by email
(shropshire.carers@shropshire.gov.uk)
or phone (01743 341995) saying you would like to enter the draw.

Closing date is Sunday 14th June

A winner will be picked at random and will be contacted by phone or email shortly after the draw

Win 2 x tickets to see Aladdin at Theatre Severn, valid for the performance on
 **Friday 27 November 2026 at 6pm.**



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****ALL WEEK**

 **8th – 14th June****



National Trust have kindly offered FREE tickets for admission to the house and grounds of **Attingham Park** for Shropshire Carers, the person they care for and a family member or friend if visiting together throughout Carers Week

If you would like to take advantage of this offer during carers week, please request your FREE ticket(s) by contacting Shropshire Carers on 01743 341995 or email:

shropshire.carers@shropshire.gov.uk

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CARERS WEEK EVENTS




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Sun
7th

Event: Plant Fair
 Time: 11.00am – 5.00pm
 Venue: Hodnet Hall Gardens, Market Drayton, TF9 3NN
 Cost: FREE (20 tickets available, to book contact the carers team, **limited spaces now available**)

Mon 8th –
Wed 10th

Event: Hawkstone park Follies Tour
 Time: Mornings on Mon, Tue and Wed
 Venue: Hawkstone Park, Weston-Under – Red Castle, Shrewsbury, SY4 5JY
 Event: The tour takes in The White Tower, The Monument, Swiss Bridge, The Hermitage and the caves at Grotto Hill.
 Cost: Free, to book contact carers support team



Mon
8th

Event: Painting for Pleasure
 Time: 12pm – 2pm
 Venue: Oswestry Memorial Hall, SY11 2EG
 Event Details: Come along for an session of painting with local artist Rob Lawton, This session is for unpaid carers of all abilities, entry into free prize draw for £10 Meraki Colour voucher.
 Cost: Free but to book contact the carers team





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for various...



CARERS WEEK EVENTS



Tues
9th


Event: Garden visit with tea cake and raffle
 Time: 2pm – 3.30pm
 Venue: The Citadel, Weston-under-Redcastle, SY4 5JY
 Cost: £5 per person to book contact carers support team



Tues
9th

Event: Albrighton Moat and Gardens- Explore With Refreshments and cake
 Time: 2pm
 Venue: The Albrighton Trust, Albrighton, WV7 3FL
 Cost: £2 per person to book contact carers support team

Tues
9th

Event: Relax and recharge for carers
 Time: 11.30am – 3pm
 Venue: Village Hall Norbury, SY9 5DX
 Event Details: An opportunity to have a quiet chat with free tea and cake or a light lunch. You can enjoy a massage, different treatments, crafts and much more
 Cost: Free but must book via email: bc8ooclub@gmail.com / phone 07950 270491

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CARERS WEEK EVENTS



Wed
10th

Event: Daniels Mill Guided Tour

 Time: 10.30am – 12.30pm


Venue: Daniels Mill Bridgnorth, WV16 5JL

Cost: £6 per head to book please contact the carers team

Event details: Explore this historical building and see the wheel in action! Take a walk in the beautiful grounds. Finish with a light lunch, including refreshments and cake, at The Witch on the Water Tearoom.

Thurs
11th

Event: Singing for Wellbeing

 Time: 10.15am-12.45pm

Venue: Withywood, Shrewsbury, SY1 2AN

Cost: Free, to book please contact the carers team

Event details: Come and discover for yourself the magic and fun of singing with other people.

Everyone can join in, even if you think you can't sing! We'll start with tea and coffee then we'll sing a variety of songs: some from memory, some from a song book, learn some new songs and even sing in harmony. There'll be something for everyone.

To book a place for any of the
activities on this programme or to
find our more, please email:

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Thur
11th

Event: Carers Cuppa and Cake meet up with local unpaid carers with Option of attending Quiet time swim

Time: 10.30am – 12.30pm

Venue: Highley Severn Centre, Bridgnorth road, WV16 6JG

Cost: Concessionary rates available, booking is essential to book contact carers support team



CARERS WEEK EVENTS

Fri
12th

Event: Comealong to creative writing

Time: 1pm – 3pm

Venue: Morrisons Supermarket, Oswestry, SY11 4QA

Cost: Free, to book please contact the carers team

Event details: This is a free session for any unpaid carers with an interest in writing, any style and at any stage. If you're someone who has never written, you enjoy journalling or are a published writer then this is a session for you. Session also includes entry for a £10 Booka Voucher.

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find our more, please email:

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or telephone 01743 341995

Fri
12th

Event: Gentle Seated Yoga

Time: 2pm for 45 minutes

Venue: Jenna Blair Yoga Wellbeing, Shrewsbury, SY3 7N,

Cost: Free to book contact carers support team



Thank you to everyone that has generously donated and supported Carers Week 2026

To all that have given. Thank You! – it is very much appreciated!


National Garden Scheme
National Trust
Mobilise
Jenna Blair Yoga
Hodnet Hall Gardens
Shropshire Museums
Theatre Severn
Hawkstone Park Follies
The Citadel
Daniels Mill
Highley Severn Centre
Witch on the water tearoom

Gill Puddings
Dorothy Clive Gardens
Wollerton Old Hall Gardens
Goldstone Hall Hotel
Booka
Wheatlands
David Austin Roses
Ryans Butchers
Kershaw Sandwich shop
Reel Cinema, Bridgnorth
Boardroom Café
Ryans Butcher


Flower Gallery, Oswestry
Miraki Colour Art supplies Oswestry
Bakers Gift Shop, Oswestry
Co-Op, Highley
Morrisons, Oswestry
Oswestry Memorial Hall
Upstairs Downstairs, Oswestry
The Albrighton Trust
Shireliving
Shropshire Libraries
Barkers gift shop, Oswestry

If you would like support or advice in you caring role you can contact the:

Shropshire Carers Support Line

 01743 341995 (Mon – Fri 10am - 4pm. Tues 5pm – 7.30pm)
(Answerphone to leave a message is available). Excluding bank holidays.

 Email shropshire.carers@shropshire.gov.uk

 Carers can join the Shropshire Carer Register here [Carers Register \(office.com\)](#)

