








Shropshire Virtual School

Autumn term 2025

Training overview for foster carers, PLAC parents and Kinship carers

Training title	Date and time	Venue	Overview	Click the icon below to register
Solution-focused approaches to working with care-experienced young people	2 nd October 2025 9:30am-12:30pm	Shrewsbury Room, Guildhall, Frankwell Quay, Shrewsbury, SY3 8HQ	<p>Follow the link to email Virtual School for a place on this course.</p> <p>Course participants will learn about:</p> <ul style="list-style-type: none"> • The theory behind Solution Focused Approaches • A basic working knowledge of the principles behind Solution Focused Approaches • Where might a solution focused approach work <p>How to effectively use Preferred Future questioning, Scaling frameworks and Miracle Questions</p>	
Making a difference at PEPs – KS5	7 th October 2025 10-11:30am	Teams	<p>Our New Shropshire KS5 PEP launched on 2nd September 2024.</p> <p>Essential KS5 PEP training is happening NOW.</p> <p>Free online training for colleges, social care practitioners and carers for KS5</p> <ul style="list-style-type: none"> • See a demonstration of the new PEP • Be aware of what is changing • A chance to ask any questions <p>We aim for every one of our Looked After Children to have a Good Quality PEP with your help.</p>	
Making a difference at	8 th October	Teams	Every one of our young people deserves a good quality	

PEPs – Early years – KS4	2025 10:30am-12pm		Personal Education Plan (PEP) <i>Come and meet our Virtual School Teacher who leads on PEPs for the Shropshire Virtual School and find out:</i> <ul style="list-style-type: none"> • all about PEPs – what are they and why are they important? • how the carer's role is key • how you can be well prepared for the PEP meeting <i>Bring along your questions, e.g.:</i> <ul style="list-style-type: none"> • How do I know if my child is doing well or not? • How can we use Pupil Premium + ? 	
Dream, Believe, Achieve	9 th October 2025 4-5:30pm	Teams	A session to help you think ahead in supporting young people with: <ul style="list-style-type: none"> · choosing options at secondary school · GCSEs and other accreditations · early planning for post-16 courses/training/employment/apprenticeships · finance (for post-16 and university) · Higher Education possibilities 	
Empowering Young People in Care: A Coaching Approach	16 th October 2025 9:30am-12:30pm	Shrewsbury Room, Guildhall, Frankwell Quay, Shrewsbury, SY3 8HQ	Follow the link to email Virtual School for a place on this course. What you'll learn about: <ul style="list-style-type: none"> • Barriers care-experienced young people may face • Coaching psychology (positive psych, thoughts- 	

			<p>feelings-behaviours, self-sabotage)</p> <ul style="list-style-type: none"> • Useful coaching models and tools • The impact of asking instead of advising How to challenge limiting beliefs • Raising aspirations • Goal setting and motivation. 	
Emotion coaching for carers	21 st October 2025 10am-2pm	Whitchurch room, The Guildhall, Frankwell Quay, Shrewsbury, SY3 8HB The Guildhall, Frankwell Quay, Shrewsbury, SY3 8HB	<p>A session for parents and carers to learn about and practice, Emotion Coaching techniques which will support managing, behaviour and relationships.</p> <p>Delivered by Dr Eleanor Tomlinson, Educational Psychologist.</p>	
Supporting care-experienced young people on their journey to higher education	13 th November 2025 OR 18 th November 9:30-11:30am	Online	<p>Please only book onto one session.</p> <p>This session provides helpful information about the process of applying to university for care-experienced young people and how to ensure they are supported onto and during their HE journey. By the end of the session participants will be able to identify how to help young people overcome the potential barriers; have greater knowledge of the UCAS application process; and have a wider understanding statutory and local entitlements relating to HE.</p>	<p>13.11.25</p>  <p>18.11.25</p> 