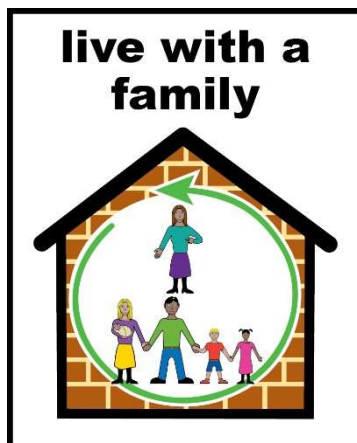


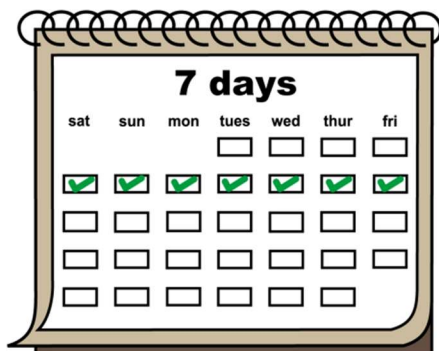
## What is Shared Lives?



Shared Lives is when people share their family life.



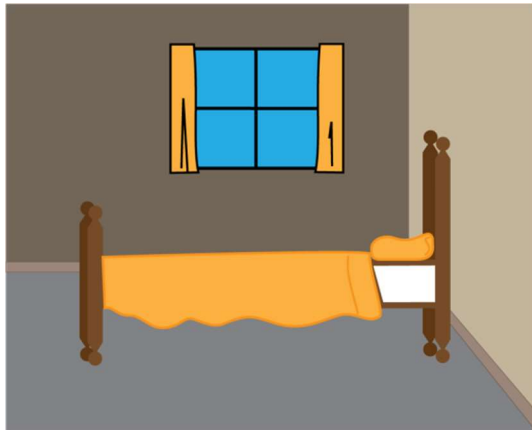
You will live in a family home with other people.



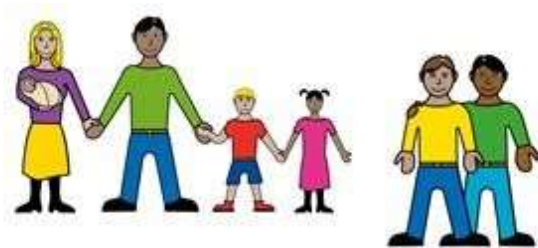
This could be for a few days, a few weeks or all the time.



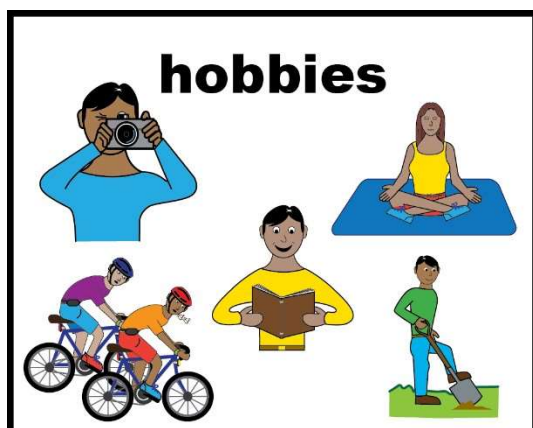
You will share the house.



And have your own bedroom.



You will get involved with  
family life.



You can go to your day groups and do your hobbies.

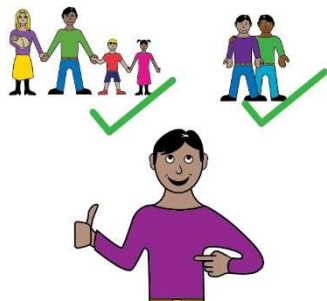


You can learn new skills and become more independent.



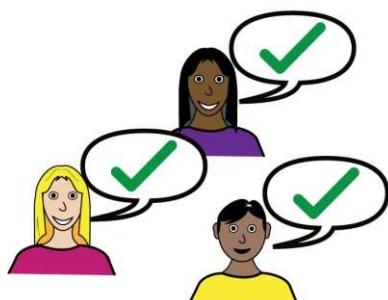
You can make friends.

## people important to me



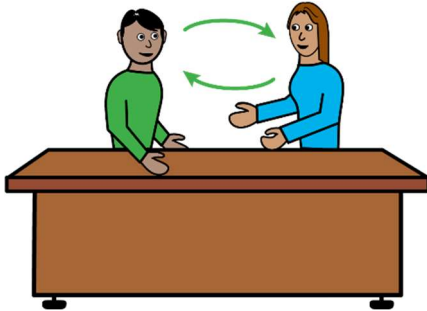
Shared Lives carers can support you to see people who are important to you.

## achieve goals



Shared Lives carers can help you achieve your goals.

## How does it work?



You will meet our Shared Lives team and tell us about yourself.



Our Shared Lives team will also find people who want to share their homes.



They will make sure they are good at supporting people and are trained properly.



The Shared Lives team will try and find a carer that is right for you.



You will meet the Shared Lives carers before moving in.



If everyone gets along you can move in.