

# Circle of Support – Question Prompts for Children and Young People

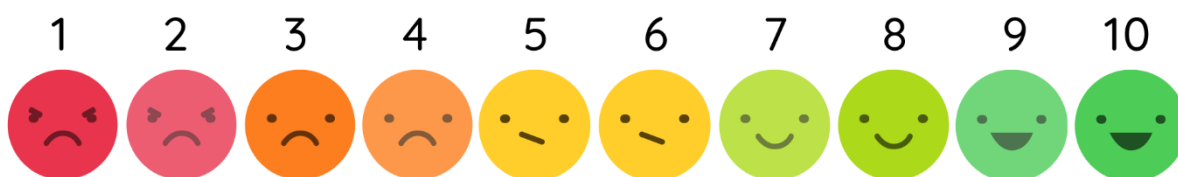
## 4 Questions:

1. What is going well?

2. What are we worried about?

3. What support is currently in place?

4. What needs to happen?



## Good Education

Questions;

- ♥ Tell me about when you are in school.
- ♥ Do you normally enjoy school?
- ♥ Who are your friends at school?
- ♥ What are the reasons why you are sometimes late/do not attend school?
- ♥ What are the best/worst things about school?
- ♥ Are you making progress and learning new skills/things?
- ♥ What are your hopes and dreams for your future?
- ♥ Is there any support you think you need?
- ♥ What is working well for you in school?
- ♥ How could you be supported? What makes life easier for you in school? How could you be helped to learn?
- ♥ What is not working well? How could this be made better?
- ♥ If I asked your friends to tell me about you, what would they say?
- ♥ What would you like to do when you are older? What steps do you think you need to take to help to get you there?
- ♥ Do you have a good understanding of what is being said to you?
- ♥ Can you share your thoughts, feelings, and ideas easily with your teachers and friends?
- ♥ How do you communicate? Do you use signs or symbols? Do you need objects or pictures to be understood or for you to understand?



## Early Years Development

Observe child in home/education setting Use play people, cars, puppets, dolls, soft toys, farm animals, pens, crayons, play dough.

When observing consider:

- ♥ How does the child communicate with their key adults/ peers?
- ♥ What do they do if they come across a problem/ challenge?
- ♥ Do they have a good understanding (age appropriate) of what is said to them?
- ♥ Do they use non-verbal communication methods such as concrete objects, signs, symbols, visuals?
- ♥ Is their play solitary? alongside or with peers and siblings? How are fallings out dealt with? Can they turn take and share?
- ♥ Does the child engage in commentary/ narrative whilst playing?
- ♥ Is play repetitive? Same theme, process, toy? Is it fleeting? Do they flit from one thing to another, never settling?



## Mental/Physical Health

Questions;

- ♥ Are you feeling worried, anxious, or sad? Are your thoughts helpful or unhelpful?
- ♥ Have you found ways to help yourself cope with your thoughts, feelings, and behaviours?
- ♥ Do you eat a healthy diet? Do you exercise at least 2-3 times a week?
- ♥ Do you get enough sleep?
- ♥ What areas do you need to take better care of yourself?
- ♥ Do you have a disability?
- ♥ Do you take medication? When and how do you take the medication? How much to you take?
- ♥ Do you use equipment such as walking aids, a wheelchair, white cane, hearing aids?
- ♥ Do you take part in any sports clubs? If not, would you like to? What is stopping you?
- ♥ Tell me about what you usually have for breakfast, lunch, dinner?
- ♥ What is your favourite/least favourite food to eat?

Sensory need exploration:

- ♥ Are clothes comfortable?
- ♥ Do you enjoy having a bath? shower?
- ♥ How do you feel about having your teeth and hair brushed?
- ♥ Are they places you go that worry you? Why? too busy? loud? hot? cold?



## Substance Use

Questions;

- ♥ Do you drink alcohol?
- ♥ Have you tried drugs or smoking?
- ♥ Are you friends with or hang out with people that do take drugs? If so, where?
- ♥ Does anyone else in your family use drugs or alcohol?
- ♥ Do you understand the risks associated with alcohol use or using drugs?
- ♥ Do you vape? If so, where?
- ♥ How do you pay for this?

**STAFF think – do you need to complete a CE RA? Or a SMARTER screening tool?**



## Family Relationships

Questions;

- ♥ Do you have good relationships with your family?
- ♥ Do you get on with everyone at home?
- ♥ Do you have rules at home?
- ♥ Do you have a routine in place e.g., bedtime routine?
- ♥ Do you like things to happen at the same time in the same way each day?
- ♥ Are you allowed out late?
- ♥ Do you have people to talk to?
- ♥ Do you feel safe at home?
- ♥ When you fall out, how do you sort it out?
- ♥ Do you care for anyone at home?
- ♥ If you could set one rule for your family, what would it be?
- ♥ Who looks after you before and after school?



## Keeping Children Safe

Questions;

- ♥ Tell me about your family life.
- ♥ What makes you happy?
- ♥ What makes you sad?
- ♥ Do you feel safe at home?
- ♥ Do you feel safe online?
- ♥ Do you have friends online?
- ♥ How do you communicate with them?
- ♥ Has someone sent you a picture on the Internet that made you feel uncomfortable?
- ♥ Do you have friends by where you live that you spend time with outside your family home?
- ♥ Do your friends do things that make you feel uncomfortable?
- ♥ Are you in a relationship? Do you have a boyfriend / girlfriend? Are you happy in this relationship?



## Crime Prevention

Questions;

- ♥ Have you ever done anything that you thought might get you into trouble?
- ♥ What would you do if you were offered drugs or alcohol, or someone asked you to do something you thought was wrong?
- ♥ Do you know what Anti-social behaviour is and can you give me an example... have you ever done anything like this?
- ♥ Do you carry a knife or a weapon?



## Domestic Abuse

Questions;

- ♥ How are relationships in the family, does everyone get along?
- ♥ Is anyone being hurt in your house? If so who and by whom? What happened?
- ♥ Has there ever been a time where you have felt scared, worried or been hurt at home?
  
- ♥ Do you feel safe now?
- ♥ How does this make you feel?
- ♥ Do you know who to talk to if you are scared or worried at home?
- ♥ Are your family receiving support?
- ♥ Do you need any support with this?



## Housing

Questions;

- ♥ Do you like where you live?
- ♥ Who lives in your home?
- ♥ Where do you sleep and who else sleeps in the same room?
- ♥ Do you feel safe in your community?
- ♥ What is your house like / tell me what it is like inside?
- ♥ Do your friends come to your house?
- ♥ Do you need anything in your home changing to help you live there comfortably?



## Finances

Questions;

- ♥ Do you know how to budget?
- ♥ Do you have enough money? Does your family have enough money?
- ♥ Do you know how to save?
- ♥ Are you getting support in accessing further education or getting a job?