



CARERS WEEK PROGRAMME OF ACTIVITIES

8TH - 15TH JUNE 2025

This year's theme:

'Caring About Equality'

This will highlight the inequalities faced by unpaid/family carers what needs to happen to create a fairer society. Far too often, carers of all ages miss out on opportunities in their education, careers, or personal lives, because of their caring role.



To celebrate Carers Week 2025, we invite all adult Shropshire carers to join us for Various Events, Activities and Competitions

To **book** a place for **anything** in this programme or to find out more, please email:

shropshire.carers@shropshire.gov.uk

or telephone 01743 341995



If you would like support or advice in your caring role you can contact the:

Shropshire Carers Support Line 01743 341995 (Mon, Wed to Fri 9am - 5pm. Tues 9am – 7.30pm.

Sat 9.30am – 12 noon) (Ansaphone to leave a message is available). Excluding bank holidays.

Email shropshire.carers@shropshire.gov.uk

Carers can join the Shropshire Carer Register here [Carers Register \(office.com\)](https://www.office.com)





!!! FREE Competitions !!!!

Open to all carers



Win
2 Theatre Tickets
The Woman in Black
at

Theatre Severn
Tuesday 30 September 2025 at 7.30pm

Send in a photo of
'Joy in the Small Things'

Closing date Thursday 12 June 2025

Send your photos via email to:
shropshire.carers@shropshire.gov.uk



Win
2 Cinema Tickets
for
Festival Drayton

Valid for 12 months for any film of your choice.

No need to enter – a winner from our carers register will be chosen by a random generator!
So if you're not on the Carer Register – get in touch to join now!



**Winners will
be notified
by 20 June
2025**



To celebrate Carers Week, we invite Shropshire carers to book to join us for various...



CARERS WEEK EVENTS



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****ALL WEEK
9th – 15th June****



National Trust have kindly offered FREE tickets for admission to the house and grounds of **Attingham Park** for Shropshire Carers, the person they care for and a family member or friend if visiting together throughout Carers Week 9th – 15th June.

If you would like to take advantage of this offer during carers week, please request your FREE ticket(s) by contacting Shropshire Carers on 01743 341995 or email:

shropshire.carers@shropshire.gov.uk

When booking you will need to give the names of who will be attending.

****Throughout June****

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CAMBRIAN HERITAGE RAILWAYS

Cambrian Heritage Railways are giving carers 25% discount for the whole of June 2025!

Book your place with the Shropshire Carer Support Team and then just take your Carer ID Card to take advantage of this generous discount not just during Carers week but for the whole month!

Cambrian Heritage Railways Oswald Road, Oswestry, Shropshire SY11 1RE



British Ironwork Centre are giving 10 FREE tickets to Carers to be used 3rd – 27th June 2025

Contact the Shropshire Carer Support Team to book your ticket and then produce your Carer ID Card at the British Ironwork Centre to enjoy your FREE day out.

Whitehall, Aston, Oswestry, Shropshire, SY11 4JH

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Coming Soon
9th – 12th June**



Hawkstone Park Follies Discovery Tour - FREE

The tour takes in The White Tower, The Monument, Swiss Bridge, The Hermitage and the caves at Grotto Hill. The tour, catered around the group on the day takes approx. 3 hours

Further details being confirmed please get in touch for details and to book a place.

Tel: 01743 341995

Email:

shropshire.carers@shropshire.gov.uk

**** NB** Unfortunately this event is not suitable for wheelchair users. When booking you will need to give the names of who will be attending.





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Sun
8th

Time: 11.00am – 5.00pm
Venue: Hodnet Hall Gardens, Market Drayton, TF9 3NN
Event: Plant Fair
Cost: FREE (20 tickets available)

Mon
9th

Time: 10.00am – 1.00pm (free time after)
Venue: RAF Museum Midlands, Lysander Avenue, Cosford, Shifnal TF11 8UP
Event: If you wish, you can join in and enjoy a 'playful' time making and launching rockets. There will be a tour of the highlights of the Cold War Tour. You can stay all day if you wish.
Cost: FREE - Car park pass provided for the day

Tues
10th

Time: 10.30 am – 12.00 noon
Venue: The Lantern, Meadow Farm Drive, Shrewsbury
Event: A relaxing and uplifting wellbeing session - 'Feel better and feel more like yourself'
Cost: FREE including refreshments

Tues
10th

Time: 1.30 – 3.30pm
Venue: The Lantern
Event: A relaxed music and singing session with Dan Walsh – Top UK Banjo player, guitarist and folk singer.
Cost: FREE including refreshments

Tues
10th

Time: 1.30pm – 3.30pm
Venue: Oswestry Library, Arthur Street, Oswestry, SY11 1JN
Event: Painting for Pleasure – An afternoon of painting
Cost: FREE and includes tea and coffee

Tues
10th

Time: 2pm – 3.30pm
Venue: The Citadel, Weston-under-Redcastle
Event: Garden visit, light refreshments, prize draw and entertainment
Cost: £5 to be collected on the day for charity



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Wed
11th

Time: 10.30 am arrival
Venue: Chirk Castle, Chirk LL14 5AF
Event: Entry to the castle, listen to a talk and stay as long as you wish
Cost: FREE Refreshments can be bought on site

Wed
11th

Time: 2.00- 3.30 pm
Venue: Bridgnorth Library
Event: Carers Celebration – Koswecans Ukulele Band, info stalls from other orgs
Cost: FREE

Thurs
12th

Time: 10.00 am – 12.00pm
Venue: OsNosh, The Centre, Oak Street, Oswestry, SY11 1LW
Event: Gardening Club - learn how to grow
Cost: FREE (small donation appreciated including for refreshments)

Thurs
12th

Time: 10.30am – 4.00pm
Venue: Lyneal Trust, Ellesmere, SY12 0LQ
Event: Canal Trip with a light lunch and drink at the Whixall Cafe
Cost: £5 to be collected on the day

Thurs
12th

Time: 10.30 am – 12.00 noon
Venue: The Memorial Hall, Oswestry
Event: Carers Celebration further details TBC
Cost: FREE, includes light refreshments

Fri
13th

Time: 2.00 – 3.30 pm
Venue: Ludlow TBC
Event: Carers Celebration, Ukelele Band to be confirmed.
Cost: FREE includes light refreshments



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Women's Health Matters Drop In Plas Ffynnon Medical Centre

Women's Health Matters Drop In - no need to book!

Saturday 14 June 9.00 am – 4.00 pm

There will be a nurse and GP available to give information, advice and support and do various health checks. Shropshire Carer Support Team will be there along with other agencies that support women and their health. So pop in and see us.

Saturday 14 June 2025 – 9.00 am – 4.00 pm

Plas Ffynnon Medical Centre, Middleton Rd, Oswestry SY11 2RB

OsNosh Community Café

OsNosh, in the centre of Oswestry, has a community kitchen which creates delicious, nutritious meals using donated surplus food.

Volunteers collect good food, surplus to requirements, from local stores and suppliers. It is then cooked in to delicious food! Everyone is welcome!

Be it for tea and coffee, a delicious lunch or to pick up some bits and pieces from our food share table. It's run on a pay as you feel basis, so donations are always welcome but not essential!

Café opening hours:

Wednesdays – 10 am - 1pm

Fridays 10 am – 1 pm (café not open but tea and coffee served, help out in the garden if you wish ☺)

OsNosh, The Centre, Oak Street, Oswestry, SY11 1LW





<https://www.jennablairyoga.co.uk/>



www.nationaltrust.org.uk



The Koswecans
Ukelele Band

CAMBRIAN HERITAGE RAILWAYS

<https://cambrianrailways.com/>



<https://ngs.org.uk/>



www.hodnethallgardens.org/

*Thank you to everyone that has generously donated and supported
Carers Week 2025
To all that have given. Thank You! - it is very much appreciated!*



<https://www.rafmuseum.org.uk/midlands/>



<https://www.britishironworkcentre.co.uk/>



Rob Lawton – Studio Helyg

https://www.instagram.com/robert_lawton_artist/



www.osnosh.co.uk/



<http://www.festivaldraytoncentre.com/>



The Citadel

